

Department of Beauty Therapy & Aesthetic

VALUE ADDED COURSE
ON
MASSAGE THERAPY

Syllabus



Pune Jilha Shikshan Mandal

Baburaoji Gholap College, Sangvi, Pune-27.

(To be implemented from Academic Year 2023-2024)

VALUE ADDED COURSE ON MASSAGE THERAPY

"SYLLABUS STRUCTURE"

Course Type	Course Code	Paper Title	Credit		Duration			CIE (T+P)	Over all Total
			Theory (T)	Practical (P)	Theory (T)	Practical (P)	Total		
VACMT	VAC(MT)	VALUE ADDED COURSE ON MASSAGE THERAPY	1	1	20	10	30	00	30

Value added course in Massage Therapy:

COURSE OBJECTIVE:

- To Developed their Massage Therapy, personal and professional abilities for perfect brighten Future as a different massage therapist.
- To provide skills of Massage Therapies as well as Ayurveda relating to a 'Massage Therapist' profession and appropriate content of General Education.
- The Candidate Should be able to receive Primary knowledge of Ayurveda Principles and Panchakarma procedure.
- To get Job openings at Panchakarma center, Ayurveda's and cosmetic Spa centers , Panchakarma Assistant.

COURSE OUTCOME:-

- Students will understand the different types of – Therapeutic Massage, Ayurvedic Massage,
- Demonstrate an understanding of the structure and function of the human body from a Western Scientific perspective.
- Demonstrate an understanding of the structure and function of the human body from an Eastern Traditional Medicine perspective.

SYLLABUS

Sr.No	Topic	Period
1	<ul style="list-style-type: none"> • Professional Ethics • Impact of Global Development on Ethics and Values, Conflict of cross • Hygiene safety , Client care- client handlings Common health problems in India. 	5
2	<ul style="list-style-type: none"> • Human Anatomy • Cell and cell organelles • Cell Tissues • Types of Nutrition 	5
3	<ul style="list-style-type: none"> • Ayurvedic Siddhant • History of Ayurveda • Introduction to Panchakarma 	5
4	<ul style="list-style-type: none"> • Complimentary Therapies • Aromatherapy • Acupuncture 	5
5	<ul style="list-style-type: none"> • Therapeutic Massage • Abhyanga 	5
6	<ul style="list-style-type: none"> • Allied Procedures Various Sweden types 	5
	Total hours	30

ELIGIBILITY:

A candidate is eligible for admission to the Value added Course on massage therapy after passing 12 Std. examination (H.S.C. 10 +2) from any stream or equivalent.

EXAMINATION PATTERN:

There will be written Examination of 80 marks and 3 hrs duration for every Course at the end of Course.

Setting of Question Papers (Applicable to theory subjects)

1. A candidate shall have to answer the questions in all the subjects in English only.
2. Question papers shall be framed so as to ensure that no part of the syllabus is left Out of study by a candidate.
3. Question paper shall be balanced in respect of various topics outlined in the Syllabus.
4. The question papers shall have a MCQ type Questions.



AWARD OF CREDITS:

Each course having 2 credits shall be evaluated out of 100 marks and student should secure at least 40 marks to earn full credits of that course.

CERTIFICATION :

The college needs to provide 'Course Completion Certificate' to every student who completes the course successfully. The certificate must contain the grade obtained by the student in the examination.

Dr. Balkrishna N. Zaware
Principal
Baburaoji Gholap College, Sangvi, Pune-27.

PRINCIPAL
Baburaoji Gholap College
Sangvi, Pune - 27

IQAC
Baburaoji Gholap College, Sangvi, Pune-27.

Coordinator, IQAC
BABURAOJI GHOLAP COLLEGE
SANGVI, PUNE-411027

HoD
Department of BTA
Baburaoji Gholap College, Sangvi, Pune-27.

Head
Department of B. Voc.
Beauty Therapy And Aesthetics
Baburaoji Gholap College,
Sangvi, Pune-411027